



Ralston House Mental Health Referral List

All Mental Health Professionals are Trauma Informed

Todos los profesionales conducen terapia centrada en trauma

In-person or Telehealth available with most providers

En persona o virtual disponible con la mayoría de los proveedores

January 2025/Enero 2025

Individual Therapy & Support

Arvada

****Fara Murata, LCSW**

***YC, C & A**

5511 W 56th Ave #200

Arvada, CO 80002

720-898-4800

The focus of my practice is treating trauma: sexual abuse, domestic violence, PTSD, and violent crime, I work with children, adolescents and adults. I utilize a variety of therapies including Neurofeedback, solution focused, and trauma focused cognitive behavioral therapy, and play therapy. Nutrition is incorporated with all clients to help heal the whole person and treat secondary issues that result from trauma. I also work with children and families on the Autism Spectrum. I am fluent in ASL.

****Beth Peters, PhD**

***YC, C & A**

7850 Vance Dr #185

Arvada, CO 80003

303-704-3612

www.dandelionpsych.com

I am a licensed psychologist serving children (age 3 to 12), teens, and adults. I provide individual therapy, goal-focused play therapy, family therapy, and psychological testing in a warm, child-friendly space. I am certified to teach Positive Discipline parenting skills. My specialties: child abuse (all types), neglect, PTSD, divorce, blended families, foster care/adoption, family violence, juvenile delinquency, and co-dependency. I have extensive experience with social service agencies, residential treatment programs, and court systems (family, juvenile, criminal). For more information please see my website at: www.dandelionpsych.com.

*Population: YC = 2 – 5 years old, C = 5 – 12 years old, A = 12 years old & up

**Meets NCA Accreditation Guidelines

Brett Rein, LPC, NCC

8600 Ralston Rd L-103
Arvada, CO 80002-2371
720-239-2291

www.brettreintherapy.com

Brett and his therapy dog, Harley, specialize in trauma, CPTSD, anxiety, family dynamics/divorce, parent coaching, school/work struggles, relationships, caregivers (compassion fatigue), body image, self-worth, career exploration, and athletics/performance mindset. He also runs a teen support group and enjoys incorporating wellness and somatic therapies such as mindfulness into his practice. As a former teacher and school counselor, Brett enjoys working with teens and adolescents to discover the things that are holding them back and helping them overcome obstacles in their lives.

***A**

****Charlene Slover, Psy.D.**

7850 Vance Dr #155
Arvada, CO 80003
303-427-8225

charlenesloverpsyd@gmail.com

The focus of my practice is trauma recovery for children (ages 3 and up) as well as adolescents and adults who have been victims of sexual assault/abuse, physical abuse, domestic violence, community violence and grief/loss. I also work with non-offending parents and family member of those who have been traumatized. Additionally, I have extensive experience working in the court system. Treatment modalities include trauma-informed therapies including play therapy, TF-CBT, CBT and EMDR. In addition to being trained in EMDR, I have also completed training as an EMDR Child Specialist.

Leigh Anne Hague, LPC

Wholehearted Counseling
720-515-0707

Wholeheartedcounselingcenter@gmail.com

I provide therapy for children (age 5 and up), adolescents, and adults who have been victims of varying forms of abuse as well as those dealing with trauma recovery and grief/loss. I also have experience working with parents and family members of those impacted by trauma/abuse. I use treatment modalities including play therapy techniques, TF-CBT, EMDR and CBT. I like to incorporate creativity wherever it is appropriate.

***YC, C & A**

****Maia Longenecker, LCSW**

Blue Channel Therapy
5460 Ward Rd #150
Arvada, CO 80002
303-219-0845

maia@bluechanneltherapy.org

Blue Channel Therapy is a group of clinicians who serve people aged 0-25 and their families. We specialize in treating trauma by using developmentally appropriate EMDR (eye movement desensitization and reprocessing) techniques as well as play-based and attachment focused interventions. Our goal is to improve our clients' quality of life and to decrease the negative impact on their health and future outcomes.

***YC, C, & A**

Sybil Cummin, LPC

Arvada Therapy Solutions
5460 Ward Rd #380
Arvada, CO 80002
303-551-9072

sybil@arvadatherapysolutions.com

Arvada Therapy Solutions is a group of therapists specializing in working with children (3+), teens, and adults who have experienced trauma within their family environments. We have specialized training in working with those who have been impacted by domestic violence and coercive control. We use different forms of play therapy, trauma focused CBT,

***YC, C, & A**

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**Meets NCA Accreditation Guidelines

EMDR, the Safe and Sound Protocol, and Internal Family Systems. Our goal is to work from a strength-based, attachment-based and collaborative approach to healing from different forms of abuse.

Broomfield

Katie-Beth Whitcomb, MA, LPC, ECMH-E, RPT-S, NCC *YC, C & A

Waking Life Counseling, LLC
80 Garden Center, Suite 368
Broomfield, CO 80020
303-253-2342
Katie-Beth@wakinglifecounseling.com

The focus of my practice is to provide evidenced-based creative interventions that best support trauma recovery for children, adolescents and families as well as young adults. Additionally, I work with parents and caregivers of children who have been impacted by ruptures in their attachment relationships or who are working through trauma recovery. I enjoy working alongside parents and caregivers to support them in better understanding their child's emotional world and how to best strengthen the parent/child relationship and family unit. I utilize evidenced based play therapy interventions, sand tray interventions and specifically, parent-child interventions for children ages 6 years and younger. I have pursued extensive training in trauma treatment, early childhood mental health, child development, attachment and parent-child interventions because I feel it is essential to understand the complexities that come with supporting young children and their families through trauma recovery given the intersection of brain development, attachment relationships and trauma. I am a Licensed Professional Counselor (LPC), Registered Play Therapist – Supervisor (RPT-S); I'm endorsed as an Early Childhood Mental Health Specialist (ECMH-E), National Certified Counselor (NCC) as well as a registered Circle of Security Parent (COS-P) group facilitator.

Bethany Blankenheim, LPC, CACII *YC, C & A

InDepth Therapy & Associates
1008 Depot Hill #200
Broomfield, CO 80020
720-538-4357
bethanyb@indepththerapy.org

Barbara Humble, LCSW
720-271-6664

We are a group of clinicians that are experts in the field of trauma treatment. We believe that people have existing strengths, resources and problem-solving skills that will aid in their healing process. We use a neuro-biological approach to treatment, which is highly effective in treating children. Other treatment modalities include Brainspotting and EMDR. We work with children (age 4+), teens, adults and families. We offer WEEKEND appointments! To learn more about our practice, please check out the website: www.indepththerapy.org.

****Pamela Boaz, LCSW *YC, C & A**

Forward Family Therapy
2095 West 6th Ave #212
Broomfield, CO 80020
303-906-8992
pamelaboazlcsw@cs.com
www.pamelaboaz.com

I am the Clinical Director of Forward Family Therapy where we have a group of fully licensed therapists who specialize in working with children and families, and where we all have expertise and specialized training in treating trauma and victimization. I have been in practice for twenty years and have spent a majority of that time focusing on clients who have experienced physical or sexual abuse or been exposed to other forms of violence. I work hard to make a strong connection with each client entering my office, and provide them the safe and secure environment they need to heal. Individual therapy provides a unique experience in which people can spend a concentrated amount of time on themselves and their needs. When this time is granted, clients can overcome challenges, resolve pain, and achieve the personal growth they are seeking. My practice works with young children, school

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aged children, adolescents and adults, including non-offending parents. I use a variety of treatment modalities including CBT, play therapy, solution focused therapy and have had enormous success utilizing EMDR with trauma victims. When working with children or younger adolescents, I often incorporate family therapy as a way for the family to heal together. With every client/family, I design a treatment plan and approach that is individualized. Children receiving treatment here can adopt a "therapy buddy", a special beanie baby that will help them remember what is being taught in therapy and being worked on at home.

****Susan Giragosian, MA, LPC**

***YC, C & A**

80 Garden Center Drive, Suite 152
Broomfield, CO 80020
303-430-4303
therapist@susangiragosian.com
www.susangiragosian.com

I primarily work with victims of trauma and abuse; specifically domestic violence, sexual and physical abuse. I work with children as young as 3 years old and above, teenagers, and adults. I am trained in EMDR, art and play therapy.

Conifer

Karen R Blackwell, MSW, LCSW

***YC, C & A**

Children's Trauma Center
26719 Pleasant Park Rd, Bldg C, Suite 120
Conifer, CO 80433
720-262-1279

The Children's Trauma Center (CTC) provides comprehensive trauma treatment for children ages 3-19. CTC treatment focuses on: 1. Addressing trauma symptoms that are having a negative impact on a child's healthy development 2. Strengthening the parent/caretaker and child relationship 3. Promoting whole health through therapeutic activities in our garden, kitchen and the outdoors. We utilize therapies that are researched-based and have proven results, including TF-CBT (Trauma-Focused Cognitive-Behavioral Therapy), ITCT-C (Integrative Treatment of Complex Trauma for Children) and EMDR (Eye Movement Desensitization and Reprocessing).

****Allison Melson, LPC**

***YC, C & A**

Warrior Tree Counseling, LLC
10791 Kitty Drive, Unit A
Conifer, CO 80433
720-696-0398

Denver

Denver Children's Advocacy Center

***C & A**

2149 Federal Blvd
Denver, CO 80211
Intake 303-996-8594
www.denvercac.org

We specialize in treating traumatized children 1-17, and supporting their non-offending family members available in English and Spanish at our child-friendly campus, Monday through Friday 9am-7pm. As an accredited children's advocacy center, DCAC is a child-focused, facility-based program in which representatives from many disciplines, including law enforcement, child protection, prosecution, mental health, medical and victim advocacy, child advocacy, work together to conduct interviews and make team decisions about investigation, treatment, management and prosecution of child abuse cases.

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Kelly Klene, MSW, LCSW***YC, C & A**

Cairn Counseling
190 E 9th Ave
Denver, CO 80203
720-314-8118
caircounselingdenver.com

Cairn Counseling is a group of therapists that believe strongly in supporting youth to heal. We treat people across the lifespan, beginning at age 5, including supporting family members, individual treatment, and family sessions. Cairn has supported hundreds of trauma survivors and uses treatment methods that have been found to significantly decrease trauma symptoms such as EMDR (Eye Movement Desensitization and Reprocessing), Trauma Focused Cognitive Behavioral Therapy, Play Therapy, and more.

Emily McNeil, LPC, R-DMT, CIMI***YC, C & A**

The Mariposa Center for Infant, Child, and Family Enrichment
4707 Harlan St, Suite 200
Denver, CO 80212
720-288-5090 Scheduling Line
303-817-0730
Emily@mariposacenterdenver.com
www.mariposacenterdenver.com

The therapists at The Mariposa Center specialize in treating trauma, abuse, and neglect in children (0-18) and in their families. We also treat traumatized and dysregulated children who are in the foster/adopt process and/or who have developmental disabilities, major medical challenges, and/or who were born premature. We incorporate the creative arts and body-centered modalities into the therapy. We focus heavily on helping the entire family, as support in this manner can positively impact the health and well-being of the child. We will work to find the best fit for a family looking for services from The Mariposa Center.

Suvi H. Miller, MSW, LCSW***YC, C & A**

The Lowry Center for Children and Families
495 Uinta Way, Suite 120
Denver, CO 80230
303-828-7785

Specialize in trauma treatment and recovery. Work with children 3-18, utilizing play, art, sand and talk therapies. Over 20 years experience.

Evergreen****Jenny Mills, MA, LPC*****YC, C & A**

Paraclete Therapy, LLC
28010 Meadow Dr #104
Evergreen, CO 80403
303-653-3123

In my practice, I have the privilege of walking alongside of clients (age 3 up to adults) who have been through trauma and are on the path to healing. I believe that although abuse may be a part of someone's story, it doesn't define their whole story. I use a solution-focused approach that builds primarily off of Trauma-Focused Cognitive-Behavioral Therapy to help clients change their stories of hurt to those of hope and healing. I also offer canine-assisted therapy sessions.

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**Meets NCA Accreditation Guidelines

Golden

Carrie A. Vaccarella, MA, LPC

***C & A**

NeuroCraft Center
430 Indiana Street
Golden, CO 80401
303-994-0673
neurocraftcenter.com

I specialize with children and teens who have been impacted from various types of trauma. Most often I work with children who have been a victim of sexual abuse or domestic violence. My goal is to connect with a client and find a personal type of therapy that will foster healing (sometimes, more than one modality is effective!). My therapeutic approaches most often include; Trauma Focused Therapy, Art therapy and Play therapy. In home services are occasionally available.

Henderson

Sara (Sarita) Soto Scovel

***C & A**

11550 Kingston St
Henderson, CO 80640
720-292-7310
sarasscovel42@gmail.com

Sara's expertise includes Trauma, Depression, Anxiety, Relationship Problems, Low Self-Esteem, School children and teen-agers, Finding purpose in life, Faith-Based Therapy

Lakewood

****Phoebe Poos-Benson MS, LPC**

***YC, C & A**

7220 W Jefferson Ave #123
Lakewood, CO 80235
303-988-7753

I specialize in children, adolescents, and adults who have experienced trauma including but not limited to sexual abuse, physical abuse, domestic violence and violence in other forms. I have specialized training in play and art therapy. Also work with behavioral issues and mood disorders. 25 years in private practice and previous experience as clinical director of a residential treatment center. Children ages 3 and up.

****Libbi Palmer, Psy.D.**

***YC, C & A**

7220 W Jefferson Ave #320
Lakewood, CO 80235
303-565-7434
palmerandassociates@comcast.net
drlibbipalmer.com

I work with children (ages 3 and up), adolescents, and adults who have been victims of crimes, abuse, or other trauma. I also work with non-offending parents of children who have been abused.

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**Meets NCA Accreditation Guidelines

Josephine Risk, MA, LPCC

7220 W Jefferson Ave #410
Lakewood, CO 80235
720-910-4043

Josephine@palmerpsychology.com

***YC, C & A**

Throughout my academic journey I have always held a passion for helping those who have experienced adversity, and so, I pursued my master's degree in Forensic Psychology from the University of Denver. While in the program I received clinical experience by interning at Denver Children's Advocacy Center where I provided therapy for children and adolescents who have been suspected of being abused. Along with this experience and currently being employed as a mental health counselor with Palmer Psychology, I also currently work as a victim advocate with the Englewood Police Department where I have been for the past year. I am here to empower and support those in need and help restore childhood to children and adolescents who have faced such traumatic hardships.

Ally Garthright, MA, LPC

7220 W Jefferson Ave #410
Lakewood, CO 80235
720-688-3461

ally@palmerpsychology.com

***A**

I work with ages 12 and up dealing with trauma and other life stressors and issues. I have experience working as a victim advocate, crisis support, juvenile assessment specialist, teacher, and family and community crisis and resource mental health support specialist through co-response with law enforcement. I particularly enjoy working with teens and like to provide a space for autonomy, processing, and to build personal strength and confidence.

Deborah Williams, MA, LPC

2255 S Wadsworth Blvd #103
Lakewood, CO 80227
303-840-8050 X1
720-851-5773 Fax

***C & A**

I work with child victims of sexual abuse, witnesses of domestic violence, adult victim of sexual abuse and adult victims of domestic violence. I have three ongoing groups for girl victims of sexual abuse: ages 5 – 11, 11 – 15 and 15 – 21. I have an adult domestic violence women's support group. I also work with children who have disabilities and ADD and are dealing with grief and loss.

****Bryn Murphy, LMFT**

BlueRaven Family Counseling
12157 W Cedar Dr. Ste 200
Private Office 218
Lakewood, CO 80228
720-432-6011
blueravenfamilycounseling@gmail.com

www.blueravenfamilycounseling.com

H: Monday-Thursday 8am-6pm

Schedule Appointments: <https://bryn-murphy.clientsecure.me>

***YC, C, A**

The most important component to therapy is my relationship with you. I believe in the healing power of play, creative arts/expression, and understanding how the mind, body, and spirit communicate with each other to overcome life's challenges. As a Certified Synergetic Play therapist, I offer services for individuals, families, and partnerships beginning at age three. While I have extensive training in trauma, attachment, and creative expression, I am also trained in EMDR, Theraplay, Integrated Somatic Trauma Therapy, and Child Parent Psychotherapy. I also offer Intensive Programs (12 hours of therapy in one weekend, three days, four hours per day). My intention is to collaborate with you, find what style fits best, and offer a navigating hand to walk alongside your family through distressing times. Areas of specialty: Grief/Loss, Anxiety, Stuckness/Depression, ADHD, Autism, and Trauma.

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**Meets NCA Accreditation Guidelines

Littleton

****Tricia Ebel, MA, LPC**

Telehealth Platform Only
No office or in person appointments
303-432-9716

***A**

Kelly Miller, LCSW, RPT/S

Erin Bennetts

Play Therapy Connection
8 W Dry Creek Circle #208
Littleton, CO 80120
720-638-6270
www.playtherapyconnection.com

***YC, C & A**

We are passionate about changing the trajectory of children and families lives by focusing on mental health and well being. We specialize in children 2-12 years of age affected by trauma including child abuse and neglect, sexual abuse, domestic violence, grief and loss, and attachment using Play Therapy. We also have exceptional ability to work with children 12-18 years of age affected by trauma, anxiety, school failure, and emotional outbursts using a variety of techniques including EMDR.

Dominique Tavernier, LMFT

7800 S Elati St, Suite 319
Littleton CO 80120
303-249-6555

***YC, C & A**

The decision to seek counseling is often a difficult one as well as an all-important first-step toward healing. I believe it's crucial that prospective clients weigh their options when deciding on a therapist. I encourage you to call me with any questions so that you can feel confident that I can provide the right fit for your needs. My goal is to collaborate closely with you, to offer respect and expertise and to guide you through the challenging process of improving your life, attaining life goals, or helping your child to thrive. I have over twenty years of experience working with individuals, couples, children and their families. I work with many different issues including interpersonal issues, trauma related issues, children's behavioral and school-related problems, parenting concerns, issues of attention, anxiety, depression, coping with divorce and blended families, and marital difficulties. I received my M.A. in clinical psychology from J.F.K. University in California in 1989. In addition, I have completed the Mindfulness-Based Stress Reduction training with well-known author Jon Kabat-Zinn, Ph.D. EMDR trained. Please feel free to call me to discuss your concerns.

Northglenn

****Melissa Luzzi, DMFT, LPC**

SonderMinds
11654 Huron St #110
Northglenn, CO 80234
720-898-0257

***C & A**

I currently work with school aged children, adolescents, adults, and families. I have worked extensively with clients who have been sexually, physically, and emotionally abused, including victims of domestic violence. Relationship issues, trauma, communication, depression, life transitions, and grief and loss are common themes I address in counseling. I have been trained in Level 1 and 2 in EMDR.

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**Meets NCA Accreditation Guidelines

****Maia Longenecker, LCSW**

Blue Channel Therapy
10465 Melody Dr, Suite 215
Northglenn, CO 80234
303-219-0845
maia@bluechanneltherapy.org

***YC, C, & A**

Blue Channel Therapy is a group of clinicians who serve people aged 0-25 and their families. We specialize in treating trauma by using developmentally appropriate EMDR (eye movement desensitization and reprocessing) techniques as well as play-based and attachment focused interventions. Our goal is to improve our clients' quality of life and to decrease the negative impact on their health and future outcomes.

Parker

Deborah Williams, MA, LPC

19563 E Main St #205
Parker, CO 80138
303-840-8050 X1
720-851-5773 Fax

***C & A**

I work with child victims of sexual abuse, witnesses of domestic violence, adult victim of sexual abuse and adult victims of domestic violence. I have three ongoing groups for girl victims of sexual abuse: ages 5 – 11, 11 – 15 and 15 – 21. I have an adult domestic violence women's support group. I also work with children who have disabilities and ADD and are dealing with grief and loss.

Thornton

Reaching HOPE

2090 E 104th Ave Ste 201
Thornton, CO 80233
720-347-8769
Services@ReachingHOPE.org

Reaching HOPE is a 501(c)(3) non-profit organization that provides family focused trauma therapy through **play and talk therapy for children ages 2 years and up, adolescents, and their non-offending and protective caregivers**. It is our mission to help individuals heal from trauma by providing a holistic, family systems approach to mental health services that address individual, relational and systemic healing, ultimately fortifying the health of communities for generations to come. We know that abuse can be as hard for a caregiver as it is for the child, and believe that children heal best when non-offending caregivers are involved and supported.

Clinical staff include Doctoral level Licensed Psychologists and Doctoral Trainees that have completed a Master's degree and are actively pursuing a Doctorate degree. All clinical staff at Reaching HOPE receive supervision from Licensed Psychologists who have specialized training in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Problematic Sexual Behavior (PSB) in children, Circle of Security, Crowell Parent Child Interaction Procedure, training in the DC-0-5, and Parent-Child Interaction Therapy (PCIT). We also offer **case management** services to any individuals that are victims of a crime, regardless of their involvement in therapeutic services with Reaching HOPE. Therapy and case management services are offered in both **English and Spanish**.

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**Meets NCA Accreditation Guidelines

Westminster

****Stephanie Heitkemper, PhD, LPC, RPT-S, FT *YC, C & A**

Resilient Minds Counseling,
12213 Pecos St, Suite 200
Westminster, CO 80234
303-578-9312

Stephanie Heitkemper, PhD, LPC, RPT-S, FT, is the proud owner of Resilient Minds Counseling in Westminster, Colorado. With a wealth of experience, Dr. Heitkemper specializes in providing crucial support to children and individuals navigating the challenging terrain of grief and trauma. Her unique background as a third culture child has fueled her passion for helping both children and adults move toward healing. Heitkemper employs Eye Movement Desensitization and Reprocessing (EMDR) as an EMDRIA Approved Consultant, along with play therapy as a Registered Play Therapist Supervisor and creative expression, as her main modalities in counseling. Beyond her private practice, she serves as the Clinical Director for Camp Erin NYC, a bereavement camp catering to youth aged 7-17.

Wheat Ridge

****Kristen Chamberlain, LCSW, RYT, LLC *YC, C & A**

4251 Kipling St #505
Wheat Ridge, CO 80033
720-675-9366

www.kristenchamberlainlcsw.com

For several years I have treated children of all ages, specializing in child victims of trauma, included but not limited to child sexual abuse, physical child abuse, and witness to domestic violence ranging from a single event to several exposures over the child's physical and emotional development. I utilize experiential therapies such as Yoga and Play Therapy to address the various and complex needs of children who have been exposed to traumatic events. Additionally, I am certified in Child-Parent Psychotherapy which is an evidence-based practice for children and their parents who have experienced at least one form of trauma (e.g., maltreatment, the sudden or traumatic death of someone close, a serious accident, sexual abuse, exposure to domestic violence) and are presenting with difficult problems as a result. The primary goal is to support and strengthen the relationship between a child and his or her parent (or caregiver) in order to repair the child's sense of safety, attachment, and ultimately improve the child's overall cognitive, behavioral, and emotional functioning.

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**Meets NCA Accreditation Guidelines

Spanish Speaking Individual Therapy & Support

Todos los profesionales conducen terapia centrada en trauma

Denver

Denver Children's Advocacy Center

*YC, C & A

2149 Federal Blvd
Denver, CO 80211
303-825-3850
www.denvercac.org

We specialize in treating traumatized children ages 1-17, and supporting their non-offending family members available in English and Spanish at our child-friendly campus, Monday through Friday 9am-7pm. As an accredited children's advocacy center, DCAC is a child-focused, facility-based program in which representatives from many disciplines, including law enforcement, child protection, prosecution, mental health, medical and victim advocacy, child advocacy, work together to conduct interviews and make team decisions about investigation, treatment, management and prosecution of child abuse cases.

Estamos especializados en el tratamiento de niños traumatizados de 1 a 17 años, y le ofrecemos apoyo a los miembros de sus familias quienes no son los ofensores. Servicios disponibles en Inglés y Español en nuestro campus para niños, de lunes a viernes 9 a.m.-7 p.m. Como centro de defensa para niños acreditados, DCAC es un programa centrado en los niños, con representantes de muchas disciplinas, incluyendo la policía, servicios de protección del niño, procurador, salud mental, personal médico y la asesora de víctima, trabajan juntos para llevar a cabo entrevistas y tomar decisiones acerca de la investigación, tratamiento, y la acción judicial en casos de abuso infantil.

Henderson

Sara (Sarita) Soto Scovel

*C & A

11550 Kingston St
Henderson, CO 80640
720-292-7310
sarasscovel42@gmail.com

La experiencia de Sara incluye trauma, depresión, ansiedad, problemas de relaciones, baja autoestima, niños en edad escolar y adolescentes, Encontrar un propósito en la vida, terapia basada en la fe, psicología y técnicas modernas.

Thornton

**Reaching HOPE- Juanita Torres

*YC, C, & A

2090 E 104th Ave Ste 201
Thornton, CO 80233
720-347-8769
Services@ReachingHOPE.org

Reaching HOPE is a 501(c)(3) non-profit organization that provides family focused trauma therapy through **play and talk therapy for children ages 2 years and up, adolescents, and their non-offending and protective caregivers**. It is our mission to help individuals heal from trauma by providing a holistic, family systems approach to mental health services that address individual, relational and systemic healing, ultimately fortifying the health of communities for generations to come. We know that abuse can be as hard for a caregiver as it is for the child, and believe that children heal best when non-offending caregivers are involved and supported.

Clinical staff include Doctoral level Licensed Psychologists and Doctoral Trainees that have completed a Master's degree and are actively pursuing a Doctorate degree. All clinical staff at Reaching HOPE receive supervision from Licensed Psychologists who have specialized training in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Problematic

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**Meets NCA Accreditation Guidelines

Sexual Behavior (PSB) in children, Circle of Security, Crowell Parent Child Interaction Procedure, training in the DC-0-5, and Parent-Child Interaction Therapy (PCIT). We also offer **case management** services to any individuals that are victims of a crime, regardless of their involvement in therapeutic services with Reaching HOPE. Therapy and case management services are offered in both **English and Spanish**.

Reaching HOPE es una organización sin fines de lucro 501(c)(3) que brinda terapia de trauma centrada en la familia a través de terapia **de juego y conversación para niños de 2 años en adelante, adolescentes y sus cuidadores protectores y no ofensivos**. Nuestra misión es ayudar a las personas a recuperarse del trauma proporcionando un enfoque holístico y de sistemas familiares a los servicios de salud mental que abordan la curación individual, relacional y sistémica, fortaleciendo en última instancia la salud de las comunidades para las generaciones futuras. Sabemos que el abuso puede ser tan difícil para un cuidador como para el niño, y creemos que los niños se curan mejor cuando se involucran y apoyan a cuidadores no agresores.

El personal clínico incluye psicólogos autorizados a nivel de doctorado y estudiantes de doctorado que han completado una maestría y están cursando activamente un doctorado. Todo el personal clínico de Reaching HOPE recibe supervisión de psicólogos licenciados que tienen capacitación especializada en terapia cognitivo-conductual centrada en el trauma (TF-CBT), conducta sexual problemática (PSB) en niños, círculo de seguridad, procedimiento Crowell de interacción entre padres e hijos, capacitación en el DC-0-5 y Terapia de interacción entre padres e hijos (PCIT). También ofrecemos servicios de administración de casos a cualquier persona que sea víctima de un delito, independientemente de su participación en los servicios terapéuticos de Reaching HOPE. Los servicios de terapia y gestión de casos se ofrecen tanto en **inglés como en español**.

Westminster

****Ceci Botindari, LLC, Master in Psychology *YC, C & A**

8120 Sheridan Blvd #B-216

Westminster, CO 80003

720-841-7201

ceci@botindari.com

Provide therapeutic services in Spanish to bilingual families. Specializes in Latino culture working with children of all ages, adolescents and adults. I work with victims of trauma and abuse, specifically sexual, emotional and physical abuse, and Domestic Violence. Each person as individual is unique, therefore I select my therapeutic approaches according with the person's characteristics and needs. My therapeutic approaches most often include: cognitive behavior therapy, trauma focused behavior therapy, art and play therapy.

Ofrezco servicios de consejería y terapia en Espanol a familias bilingues. Estoy especializada en la cultura Latina/Hispana, trabajando con ninos de todas la edades, adolescentes y adultos. Trabajo con victimas de trauma y abuso, especificamente abuso sexual, emocional y fisico, y violencia domestica. Cada persona es un ser individual unico, por lo tanto selecciono mis metodos terapeuticos acorde a las necesidades y caracteristicas de cada persona. Basicamente trabajo con terapia cognitiva, terapia de juego y arte.

*Population: YC = 2 – 5 years old, C = 5 – 12 years old, A = 12 years old & up

**Meets NCA Accreditation Guidelines

Parent/Caregiver Support and Therapy

Denver Children's Advocacy Center

303-825-3850 x303, Raquel Hernandez
Parent Education Empowers Resiliency (PEER)

The PEER Group will offer information to parents, kinship and other caregivers of children who may have been sexually abused, or experienced other forms of trauma. The PEER Group will provide education and support for parents and caregivers. PEER will be offered in two groups, one in Spanish and one in English. Childcare will be provided on site, along with snacks for all. There are a limited number of bus tokens available to support those in need of transportation.

Katie-Beth Whitcomb, MA, LPC, ECMH-E, RPT-S, NCC

Waking Life Counseling, LLC
80 Garden Center, Suite 368
Broomfield, CO 80020
303-253-2342
Katie-Beth@wakinglifecounseling.com

The focus of my practice is to provide evidenced-based creative interventions that best support trauma recovery for children, adolescents and families as well as young adults. Additionally, I work with parents and caregivers of children who have been impacted by ruptures in their attachment relationships or who are working through trauma recovery. I enjoy working alongside parents and caregivers to support them in better understanding their child's emotional world and how to best strengthen the parent/child relationship and family unit. I utilize evidenced based play therapy interventions, sand tray interventions and specifically, parent-child interventions for children ages 6 years and younger. I have pursued extensive training in trauma treatment, early childhood mental health, child development, attachment and parent-child interventions because I feel it is essential to understand the complexities that come with supporting young children and their families through trauma recovery given the intersection of brain development, attachment relationships and trauma. I am a Licensed Professional Counselor (LPC), Registered Play Therapist – Supervisor (RPT-S); I'm endorsed as an Early Childhood Mental Health Specialist (ECMH-E), National Certified Counselor (NCC) as well as a registered Circle of Security Parent (COS-P) group facilitator.

Sybil Cummin, LPC

Arvada Therapy Solutions
5460 Ward Rd #380
Arvada, CO 80002
303-551-9072
sybil@arvadatherapysolutions.com

Arvada Therapy Solutions is a group of therapists specializing in working with children (3+), teens, and adults who have experienced trauma within their family environments. We have specialized training in working with those who have been impacted by domestic violence and coercive control. We use different forms of play therapy, trauma focused CBT, EMDR, the Safe and Sound Protocol, and Internal Family Systems. Our goal is to work from a strength-based, attachment-based and collaborative approach to healing from different forms of abuse.

Courtney Chott, MSW, LCSW

7220 W Jefferson Ave #410
Lakewood, CO 80235
720-450-2773
courtney@palmerpsychology.com

I work with adults who have experienced trauma: sexual abuse, domestic violence, PTSD, and violent crime and adults who are family members of people with those experiences. I utilize a variety of therapies including Cognitive Processing Therapy, Solution Focused, and Trauma Focused Cognitive Behavioral Therapy. I have worked in a variety of settings, including the VA, and I have experience and understanding the unique situations of military families.

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**Meets NCA Accreditation Guidelines

Theresa Doheny, LPC

720-467-0712

teresadoheny@live.com

In my private practice, I work with adults and I offer virtual sessions through evidence-based counseling such as CBT, EMDR, and Mindfulness Training in the areas of trauma, anxiety, depression, life transitions, marriage, and parenting. My approach to therapy is grounded in empathy, authenticity, and collaboration. I believe in creating a safe and non-judgmental space where clients feel heard, understood, and empowered to explore their thoughts and emotions openly. I am committed to ongoing growth and learning, continuously seeking opportunities to expand my skills and deepen my understanding of the human experience. My goal is to provide compassionate and effective therapy that supports my clients in realizing their fullest potential and living more fulfilling lives.

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QUESTIONS TO ASK WHEN CHOOSING A THERAPIST

Your choice of a mental health therapist/counselor is very important to your wellbeing. Interview a potential therapist in the same way any employer would interview a prospective employee. S/he will be working for, as well as with you, and competent, caring therapists will not be offended by your questions, and will be honest with you. You are the customer. Do not hesitate to ask hard questions and do expect complete answers. After all, your mental health and recovery from the trauma of the crime is at stake.

Following is a list of questions to ask that will help you choose the appropriate therapist:

- What experience, training and education do you have pertaining to working with victims of crime?
- Have you worked with victims who have experienced the same type of crime I have experienced?
- How long have you done this kind of counseling?
- Are you licensed, or are you under the supervision of a licensed therapist? (This is required by the Crime Victim Compensation Board)
- Do you understand the criminal justice system, and do you have experience in testifying in court if necessary?
- What is my responsibility in therapy/counseling as a client?
- How long might I expect to be in counseling for these types of problems/issues?
- What treatment services do you offer (i.e. individual, group, etc.)?
- Will you accept the fee structure set by the Judicial District Crime Victim Compensation Board (in the judicial district in which I applied)?

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PREGUNTAS QUE PUEDE HACER DURANTE EL PROCESO DE ESCOGER UN TERAPEUTA

Su decisión de elegir un consejero/ terapeuta de salud mental es importante para su bienestar. Entreviste a su terapeuta de la misma manera que usted entrevistaría a un futuro empleador. Él/ella trabajara para y con usted. Los terapeutas competentes y bondadosos no se ofenderán por sus preguntas y serán honestos con usted. Usted es el cliente. No dude hacer preguntas difíciles y espere que le den respuestas completas. Su salud mental y la recuperación del trauma están en juego.

Aquí esta una lista de preguntas para escoger al terapeuta apropiado:

- ¿Qué experiencia, entrenamiento y educación pertinente tiene usted para trabajar con víctimas de crimen?
- ¿A usted trabajado con víctimas que han experimentado el mismo tipo de crimen que yo?
- ¿Cuánto tiempo a trabajado usted en este tipo de consejería?
- ¿Usted esta licenciado/a, o trabaja bajo la supervisión de un terapeuta licenciado? (Este es un requisito de compensación a víctimas de crimen.)
- ¿Tiene usted entendimiento del sistema de justicia criminal, y tiene experiencia testificando en corte si es necesario?
- ¿Qué es mi responsabilidad en terapia/consejería como su cliente?
- ¿Por cuánto tiempo cree que yo debería de estar en consejería, por este tipo de problemas?
- ¿Qué servicios de tratamiento ofrece usted? (Ejemplos: individual, grupo, etc.)
- ¿Usted aceptara la estructura de pagos establecida por el comité del distrito judicial de compensación a víctimas de crimen? (en el distrito judicial en el que aplique)

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